



energesse



THE SELF LEADERSHIP EXPERIENCE

Digital Executive Leadership Program & Community
Self Leadership, Wellbeing & Resilience



energesse

Leading Digital Health Solutions & Programs

Energesse is a leading digital health company that specialises in improving value, outcomes & experiences.



8

YEARS

5

COUNTRIES

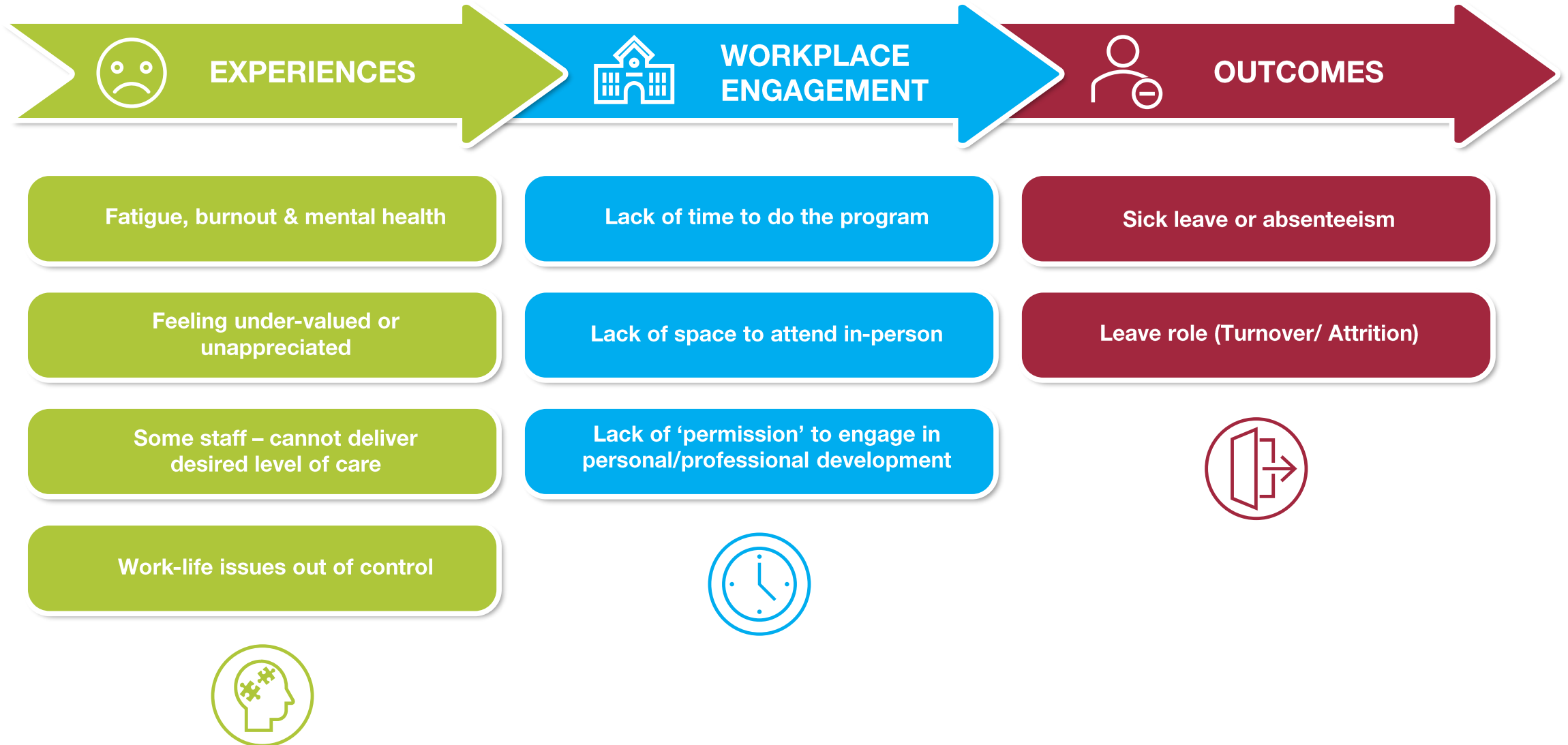
100

CUSTOMERS

6mil

LIVES IMPACTED

EXECUTIVE CHALLENGES - LEADERSHIP & PERFORMANCE





UNPRECEDENTED WORK-LIFE CONDITIONS FOR EXECUTIVES & MANAGERS

- Workforce experiencing increased fatigue and burnout ⁽¹⁾
- Some organisations face challenges in staff shortages as well as variations in turnover (attrition) rates. ⁽²⁾
- Total turnover cost (direct and indirect) estimated at USD \$48,790 per full-time employee ⁽²⁾

1. Laschinger s., Heather K., Fida, R., (November 10, 2015), *New nurses burnout and workplace wellbeing: The influence of authentic leadership and psychological capital*, University of East Anglia, accessed December 15, 2020, 10.1016/j.burn.2014.03.002
2. Duffield C.M., Roche M.A., Homer C., Buchan J., Dimitrelis S. (2014). *A comparative review of nurse turnover rates and costs across countries*. Journal of Advanced Nursing, 70(12), 2703-2712



PROGRAM OBJECTIVES



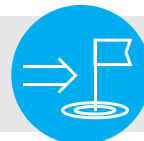
Develop leadership and resilience through change to improve work/life experiences



Better path to wellbeing



Less uncertainty and anxiety - more hope and aspiration



More clarity on individual purpose and collective direction



Improve effectiveness when working with others

SOLUTION DESIGN



Hybrid program



Self-directed in your own time



Online learning community support



No physical workspace requirements



SELF LEADERSHIP

6e's FOR IMPROVING WORK-LIFE EXPERIENCES



Experience: How to understand & measure your life experience

Emotions: Manage your emotional intelligence & expectations

Engagement: Understand your motivators and purpose

Execution: Implement actions and adopt new behaviours

Excellence: Achieving success with your goals

Evolution: Priorities for sustaining personal growth

DEVELOPED FROM THOUGHT LEADERSHIP



Health & Wellbeing Expert, Futurist, Author

- 25 years experience in health & business
- Global speaker on healthcare future, strategy, leadership, wellbeing and technology incl. World Congress of Prevention & Wellness (USA)
- Advise healthcare providers, governments, insurers, patients & consumer groups
- Mentor corporate leaders and executives
- Researcher in health & business management

AS FEATURED IN



INTERNATIONAL AWARD-WINNING PROGRAMS

Australian Council for
Healthcare Standard (ACHS)

Highly Commended – Quality
Improvement Award (Western
Sydney LHD)

NSW Health Patient Experience
Symposium

Winner – People’s Choice
Award (South West Sydney
LHD)

2017

2019

2017

Western Sydney Local Health
District (WSLHD) Quality
Awards

Winner – Bob Leece Award
Winner – Chair of the Board’s
Award

2018

Australian Healthcare
Week

Finalist – ‘Best Digital
Transformation Project’
Award (Western Sydney
LHD)

2020

International Hospital
Federation (IHF)

“Beyond the Call of Duty for
COVID-19” Global Recognition
Program (Heathcote Health)



**PATIENT EXPERIENCE
SYMPOSIUM**



Health
South Western Sydney
Local Health District



Health
Western Sydney
Local Health District



TESTIMONIALS

HEALTHCARE

“We’re all busy and the biggest thing was that it was not time consuming and extremely helpful. This skillset of self-management is an amazing thing to have, being good at managing yourself is important in a leadership role. This skillset is a gap in nursing education, but it can be taught. I would highly recommend it and rate this program an 8/10”

Deanna Harrison, Peri Operative Services Manager, Gosford Hospital

“As a clinician and researcher interested in promoting well-being and patient care found it was a great place to get rich resources and ideas.”

Dr Bishan Rajapakse, Clinical Academic in Emergency Medicine, Liverpool Hospital

CORPORATE

“Avi is truly inspirational not only challenging the audience to understand their inner self, but how to use this inner strength/energy to be a great innovator, communicator and leader.”

Karen Westbrook, Knowledge Management Advisor, Suncorp

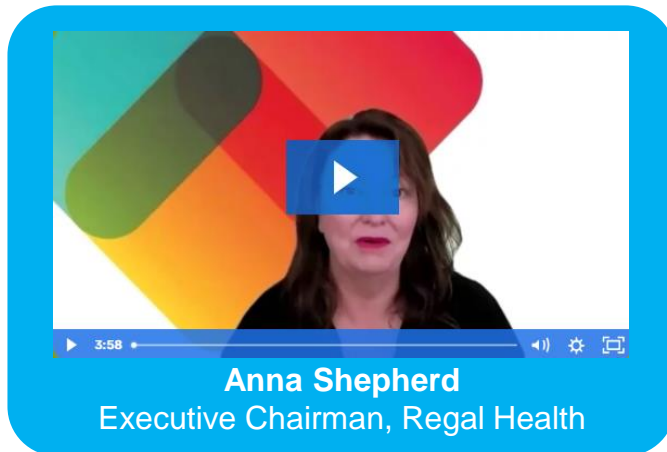
“Excellent content & format. Immediately applicable. I asked for solutions to nagging problem and I got one. Rating of 10/10.”

William Jang, Manager, IMS Health

CASE STUDY – DIGITAL SELF LEADERSHIP PROGRAM

BACKGROUND & AIMS

- Self leadership program opened free recruitment to 100 professionals in AUS/ NZ in October 2020.
- Program involved 7 online units consisting of - masterclasses, interactive exercises, tools and resources.
- Engagement and support provided in a private Facebook learning community and dedicated support line.
- Program aimed to improve self leadership, effectiveness and wellbeing objectives



OUTCOMES



Recruitment and Participation

- Program oversubscribed with 125 professionals.
- 13% of the participants engaged with the course content.
- 5% of participants completed more than 50% of the course content.
- 36% of the participants actively engaged in the Facebook community.



Results & Benefits

Leadership Skills Development Outcome:

- 25% increase in 'self leadership skills'

Emotional Wellbeing Outcome:

- 35% decrease in 'fear of the future'

Action Learning Outcome:

- 26% increase in knowing 'one clear action moving forward'.



Customer Experience Scores

- 91% of respondents recommend the program to colleagues

Average Rating: 8/10

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